

School District of the City of St. Charles
Fall 2011 Course Schedule

Adult and Community Education

www.stcharlesae.org

Your Recipe for Success!

**Over 50 New Classes
for the Fall Semester**

**Spice up your Holidays
with a Seasonal Class**

**Mix it up and learn
a new skill**

**Blend in a class to
inspire you**

Add a splash of creativity

**Enjoy the flavor of the
new Senior Café for 55+**

Adult and Community Education
2400 Zumbahl Road
St. Charles, MO 63301

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FALL 2011

On the Cover

The success of any tasty dish is planning and preparation. You discover your own tastes—your likes and dislikes—and what you want to cook, and then you focus on the key ingredients and follow the steps of a carefully laid out recipe.



The same applies to achieving your personal and career success--determine what you want and then take action--focusing on the key ingredients. The Fall Semester courses have been planned to provide you with a recipe for success for the many different areas of your life from career enhancement, business and finance, health, wellness and fitness to personal enrichment, creative arts, and much more. We are here to teach, advise, and guide you as you pursue your success, whatever that may be. With your learning in mind...

Cheryl Graber

Office Information

Location

2400 Zumbahl Road
St. Charles, MO 63301

Hours

Monday-Thursday: 9:00 a.m.-7:00 p.m.
Friday: 9:00 a.m.-4:00 p.m.

Web Address

www.stcharlesae.org

Fall 2011 Calendar

August 1 Registration Opens
September 5 Labor Day (no classes)
September 21-23 Parent/Teacher Conf. (no classes)
November 23-25 Thanksgiving Break (no classes)
December 19-January 2 Winter Break (no classes)

While every effort has been made to ensure the accuracy of this schedule, changes do occur. We thank you for your understanding in the event that a course date or location needs to be changed.

Inclement Weather Policy

In the case of inclement weather, the Adult and Community Education program follows the City of St. Charles R-VI School District closing schedule.

If they have cancelled classes for the day, all day and evening Adult and Community Education classes will also be cancelled and rescheduled for another date. Class closings will be posted on the home page of our website.

Our Mission

Adult & Community Education provides affordable, lifelong learning opportunities that meet both the personal and professional needs of each member of the St. Charles community and surrounding areas.

WHAT'S inside...

Career Programs

- 3 EMT
- 16 Personal Fitness Trainer Certification

Health and Wellness

- 3 EMT and CPR, Massage Techniques, Parkinson's Technique,
- 10 Organic Eating

Trade and Technical

- 4 NEC, Industrial Electronics, Residential Wiring, HVAC, R-410A
- 5 Welding, Auto Collision/Painting/Maintenance, Two/Four-Cycle Engine

Computers and eBay

- 6 Windows 7, Word 2007 & 2010, Excel 2007 & 2010, Computer Maint.
- 7 Quickbooks, Facebook, Google, Blogging, eBay

Business & Finance

- 8 Small Business Enterprise, Budgeting Basics, Estate Planning

Senior Cafe for the 55+

- 9 New Adventures, AARP, Various Computer Classes, Zumba Gold

Personal Enrichment

- 10 Digital Photography, Home Schooling, Home Staging, Couponing, Just Once Piano/Guitar for Busy People
- 11 Become a Better Writer, Grant Writing, Mystery Writing, Write, Publish, & Illustrate Children's Books, Spanish
- 12 Knitting, Crocheting, Sewing
- 13 Handy Woman's Do It Myself Series, Home Depot DIY Classes

Creative Arts & Holiday

- 14 Glass Pendants, Stained Glass Windows, Glass Windchimes, Beaded Jewelry, Drawing, & Painting
- 15 Cake Decorating, Cupcakes, Holiday Crafts

Recreation, Fitness, and Dance

- 16 Personal Trainer Certification, Self-Defense, Kickboxing, Boot Camp, Baby Boomer Boot Camp, Zumba, Zumba Gold
- 17 Yoga, Tai Chi, Chi Gong, Volleyball, Couples Dance, Imperial Swing, West Coast Swing, Night-Club Two Step, Line Dancing, Belly Dance

Community/School Programs

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Registration Information

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Enroll early, classes fill quickly!
You can register online or by fax
24 hours a day.



EMT

Join this Exciting Career Field Now!

Becoming an Emergency Medical Technician (EMT) is the first step to a rewarding career in the healthcare field. This entry-level position will also prepare you for future career opportunities as a Paramedic and Firefighter, among others. Our program is among the top rated in the State of Missouri. Contact us today to begin your career as a respected EMS professional!

Emergency Medical Technician Training (EMT-B)

This training program is offered to those who desire to be licensed as Emergency Medical Technicians (EMT) by the Missouri Department of Health & Senior Services. The EMT program is the basic level of training for the emergency care provider and leads to both state and national licensure examinations. Students will master the basic skills of emergency care through classroom training, hands-on skill training, and clinical observation both in the ER and on an ambulance.

Please note: This course requires excellent reading, writing, and comprehension skills. An entrance exam must be passed. Students must be at least 18 years old and provide proof of a high school diploma or GED. EMT students must have a current, clear PPD test. **A Missouri criminal background report will be required of incoming students.** Some Saturday classes will be required. (No class on 9/5, 11/24)

Course No.	Date	Day	Time	Location
HO750-01	8/15-12/15	M Th	9am-1:00pm	L&C 103
HO750-02	8/15-12/15	M Th	6:00-10:00pm	L&C 103

CEU. 33 classes. Tuition: \$999 (includes textbooks, BLS Certification, and EMT polo shirt)

EMT-B Refresher Course

This 24-hour refresher course meets the core requirements of the Bureau of Emergency Medical Services for relicensure. This class meets concurrently with the EMT-B seated course. Students attend selected class sessions equivalent to 24 hours of classroom instruction. Class sessions will be announced on the first day of class.

Please note: You will need a copy of your current EMT-B license and BLS certification. Please check with the Adult & Community Education Office to be sure this course is the class you are required to take.

Course No.	Date	Day	Time	Location
HO751-01	8/15-12/15	M Th	9am-1:00pm	L&C 103
HO751-02	8/15-12/15	M Th	6:00-10:00pm	L&C 103

CEU. 6 classes. Tuition: \$312

CPR

CPR training teaches students to recognize life-threatening emergencies and to provide immediate care. This one-day class includes instruction and certification in adult, child & infant CPR with AED. Techniques will be practiced on the floor, so participants are encouraged to wear comfortable clothing. **Group scheduling and pricing is available upon request.**

Course No.	Date	Day	Time	Location
HO820-01	8/20	S	8am-1:00pm	L&C Multi A
HO820-02	10/1	S	8am-1:00pm	L&C Multi A

CEU. 1 class. Tuition: \$60

Online Healthcare Training Programs

Massage Techniques

Through demonstration and hands-on practice, students will learn massage techniques to help relax and relieve pain and discomfort due to stress or muscle fatigue. Participants will learn Swedish Massage strokes, Jin Shin Acutouch, an energy work technique. Instructional handouts will be provided. Each student must have a partner. Participants will remain fully clothed during class time.

Course No.	Date	Day	Time	Location
HW101-01	11/1-11/8	T	6:00-8:00pm	L&C 103
HW101-02	12/6-12/13	T	6:00-8:00pm	L&C 103

2 classes. Tuition: \$118 per couple

Parkinson's Disease and Neuro-Auricular Technique

Learn which massage techniques and essential oils may be used to combat the symptoms of Parkinson's Disease. Six different essential oils are used in a particular order at different locations along the spine in order to jump start the synapses of the brain and upper spine. NAT is designed to restore normal vagus nerve function as well as that of the locus ceruleus, thus alleviating many, if not all, disease symptoms. Each participant must have a partner. (No charge for partner.)

Course No.	Date	Day	Time	Location
HW102-01	9/6	T	6:00-8:00pm	L&C 103
HW102-02	10/12	W	10am-12:00pm	L&C 103

1 class. Tuition: \$59

Comprehensive online courses with assignments and final exams
Earn Continuing Education Units Online
Certificate of Completion awarded with a passing score
Monthly classes that run for six weeks
Enroll Today!



Health Care Continuing Education Online Courses

Accredited Certificate Programs for Health Care Professionals

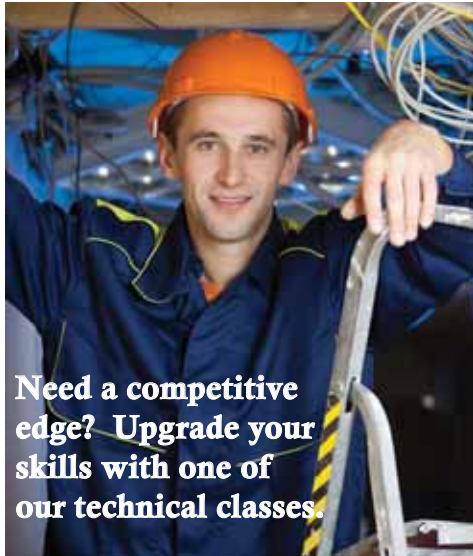
All Health Care Continuing Education courses run for six-weeks. They are self-paced and consist of lessons and chapters, a discussion area, and a final exam for each course within the program. Students who successfully complete the program will be awarded a Certificate from Allegra Learning Solutions.

Courses start as low as \$99

ALLEGRA Learning Solutions, LLC is accredited as a provider of continuing education in nursing by the American Nurses Credentialing Center's Commission on Accreditation.

Visit our Online Instruction Center to ENROLL TODAY!

www.stcharlesae.org
 Click on the ed2go logo.
 Classes begin: 8/17, 9/21, 10/19, 11/9, and 12/14



Need a competitive edge? Upgrade your skills with one of our technical classes.

Electrical Safety

Become your own best friend and learn electrical safety techniques. OSHA, NIOSH and other important safety material will be covered. This class is a prerequisite for Fundamentals of Residential Wiring and must be passed.

Course No.	Date	Day	Time	Location
TT281-01	9/14	W	5:30-8:30pm	L&C ET

CEU. 1 class. Tuition: \$53

Fundamentals of Residential Wiring

Prerequisite: Electrical Safety

Learn the fundamentals of in-home wiring in this introductory class while gaining the techniques to do the job safely and effectively. Topics include switching, receptacle, ground fault circuit interrupters, 3 and 4 way switches, ceiling fans, and other helpful wiring tasks. Supply list will be provided.

Course No.	Date	Day	Time	Location
TT282-01	9/28-10/26	W	5:30-8:00pm	L&C ET

CEU. 5 classes. Tuition: \$252 Textbook: \$25

National Electrical Code Review 2011

Prerequisite: Knowledge of electrical terminology and electrical experience.

Become more knowledgeable of the electrical requirements imposed by the NEC. Upon completion, you will have enough technical information to take the NEC electrical license exam. This class will teach the 2011 NEC Code.

Course No.	Date	Day	Time	Location
TT227-01	8/30-11/29	T	5:00-8:00pm	L&C ET

CEU. 14 classes. Tuition: \$339 Textbook: \$115

Industrial Electronics

Register for all three classes in this series and receive a 10% discount.

(Not to be combined with any other discount.)

Basic Industrial Electronics I

Learn the basics of electronic fundamentals used in industry. Students will gain understanding of DC/AC theory, terms, symbols, components, definitions, explanations, schematic and ladder diagrams. This course consists of classroom discussion, some hands-on activities, and home study. (No class 9/5)

Course No.	Date	Day	Time	Location
TT310-01	8/22-10/3	M	6:00-8:30pm	L&C ET

CEU. 6 classes. Tuition: \$329 Textbook: \$95

Basic Industrial Electronics II

Prerequisite: Basic Industrial Electronics I or Instructor Approval

Expand your knowledge of Industrial Electronics technology! This class is a continuation of Basic Industrial Electronics I. Students will gain an understanding of single phase/three phase AC voltage, transducers, transformers, motors, and starters/controllers.

Course No.	Date	Day	Time	Location
TT320-01	10/10-11/14	M	6:00-8:30pm	L&C ET

CEU. 6 classes. Tuition: \$329

How Your Company Can Send You to a Class.

Have your company contact our office to register you and provide approval for payment, or you can be registered online using a credit card at www.stcharlesae.org.

Industrial Electronics Problemsolving/Troubleshooting

Prerequisite: Basic Industrial Electronics II

Continue with the series of classes and learn troubleshooting theories and techniques necessary to maintain and support relay and discrete logic, SCRs, and PLCs.

Course No.	Date	Day	Time	Location
TT330-01	11/21-12/12	M	6:00-8:30pm	L&C ET

CEU. 4 classes. Tuition: \$239

Need Financial Assistance?

Adult and Community Education is a WIA approved provider for many seated and online classes. Please contact your local Missouri Career Center to determine your eligibility for this funding assistance.

Heating & Cooling

Heating Technology

Want to learn a new trade? Students will study automatic and electrical controls for heating and air conditioning equipment, including electrical heat, gas and heat pumps, and gain understanding of heating and air conditioning wiring schematics. The class will consist of classroom discussion, hands-on shop time, and home study.

(No class 9/5, 9/21, 11/23)

Course No.	Date	Day	Time	Location
TT285-01	8/29-11/28	MW	6:30-9:00pm	L&C HVAC

CEU. 24 classes. Tuition: \$389 Textbook: \$142

Refrigeration/Air Conditioning Technology

Prerequisite: Must have completed or be currently enrolled in Heating Technology.

The first 8 weeks of class will be spent preparing for the EPA test. After taking the test, students will then begin hands-on training. Upon completion of the course, students will have certification needed to repair air conditioners. EPA Test: \$60 approx.

Note: The same textbook is used as in Heating Technology. (No class 9/1, 9/22, 11/10, 11/24)

Course No.	Date	Day	Time	Location
TT290-01	8/30-12/1	TTh	6:30-9:00pm	L&C HVAC

CEU. 24 classes. Tuition: \$389

R-410A Refrigeration Certification

R-410A is a new refrigerant which operates at much higher pressures, requires POE oil, has a unique temperature/pressure relationship, and requires special charging procedures. Students will be trained on safety, safe handling, proper charging, operating characteristics, and proper applications of the refrigerant. At the end of this class, you will take a certification test. Testing fee included in price.

Course No.	Date	Day	Time	Location
TT296-01	10/22	S	8am-12:00pm	L&C HVAC

CEU. 1 class. Tuition: \$133

Welding

Basic Arc Welding

Begin a new career as a welder! This beginning class will include topics such as fundamentals of arc welding, welding symbols, running beads, single-pass welds and joints, and multiple-pass welds and joints.

Course No.	Date	Day	Time	Location
TT242-01	8/27-9/17	*S	8am-3:30pm	L&C 110
TT242-02	9/6-11/8	T	6:00-9:00pm	L&C 110

CEU. 10 classes. Tuition: \$322 Textbook: \$22

Advanced Arc Welding

Prerequisite: Basic Arc Welding

Take your skills to the next level! For the more experienced arc welder, this class will increase skills to include position welding and horizontal and vertical welding and will provide knowledge of certification procedures. (No class 11/23)

Course No.	Date	Day	Time	Location
TT276-01	9/28-12/7	W	6:00-9:00pm	L&C 110
TT276-02	10/1-10/22	*S	8am-3:30pm	L&C 110

CEU. 10 classes. Tuition: \$322

***Note: Saturday welding classes are 4 week sessions.**

Mig & Tig Welding

Prerequisite: Basic Arc Welding

Acquire basic techniques to operate mig and tig welding equipment with the use of carbon steel and aluminum materials. (No class 9/22, 11/10, 11/24)

Course No.	Date	Day	Time	Location
TT244-01	9/8-12/1	Th	6:00-9:00pm	L&C 110
TT244-02	10/29-11/19	*S	8am-3:30pm	L&C 110

CEU. 10 classes. Tuition: \$322 Textbook: \$32

Automotive



Auto Collision Repair

Combining classroom presentations, shop demonstrations, and hands-on training, you will learn the basics of auto collision repair. I-CAR standard materials and procedures will be followed. Topics include safety, welding, surface preparation, dent repair and filling, and filling and leveling of surface materials.

Course No.	Date	Day	Time	Location
TT219-01	8/30-11/1	T	6:00-9:00pm	L&C ABS

CEU. 10 classes. Tuition: \$322 Supplies: \$20

Auto Body Painting

Interested in learning to paint your own car or truck? Learn the steps of the painting process in this class! You will learn how to spray using modern paint products, metallics, blendings, and how to wet sand clear coats so you can buff them out to a glossy finish. You are required to bring your own air respirator.

Course No.	Date	Day	Time	Location
TT221-01	9/28-11/16	W	6:00-9:00pm	L&C ABS

CEU. 8 classes. Tuition: \$299 Supplies: \$20

Auto Maintenance

Want to gain a basic knowledge of how to maintain your own automobile? Students in this class will be introduced to braking and suspension repair, cooling systems and HVAC, electrical and common circuit diagnosis, power train management, and other basic maintenance practices.

Course No.	Date	Day	Time	Location
TT223-01	9/29-11/3	Th	6:00-9:00pm	L&CAST

CEU. 6 classes. Tuition: \$152

Two and Four-Cycle Engine Repair

Want to repair your own small engines? In this class you will learn how to diagnose engine problems, understand the fuel system, electrical system, electrical troubleshooting, tune-ups, valve jobs, overhauls, carburetors, and care and maintenance. Bring your own 2-cycle (mower, string trimmer, chain saw) or 4-cycle (mower, tiller, riding mower) to class. (No class 9/22, 11/10, 11/24)

Course No.	Date	Day	Time	Location
TT217-01	9/6-11/8	T	6:00-9:00pm	L&C SE
TT217-02	9/8-12/1	Th	6:00-9:00pm	L&C SE

CEU. 10 classes. Tuition: \$239

What our students are saying about these classes...

"knowledgeable instructors"
"money well spent"
"learning made easy"

Come find out why!



Customized Training

Need to improve the performance of your workforce and your company's processes? We can provide innovative, measurable training services designed to effectively impact a company's bottom line. Training funds may be available through the State of Missouri's Customized Training Program with grant application.

Call 636-443-4020 for more information.

Computer Options in a Changing Environment

New to a computer or just want to become more computer literate? These classes give you the skills you need to conquer your computer! Learn everything from basic mouse skills to how to access the internet to creating your own website and blog and so much more! Bring an open mind and get ready to learn!



For the Beginner

Computer Basics Bootcamp

New to a computer? This class will introduce you to the most essential tools you need to start using your computer. Learn mouse skills, how to open and close files, how to locate programs on your computer, how to access the internet, and more. No computer experience required.

Course No.	Date	Day	Time	Location
SP441-01	8/23-9/1	T Th	9:00-11:30am	SCW J106
SP441-02	9/19-9/28	M W	6:00-8:30pm	L&C CL
SP441-03	10/18-11/8	T	9:00-11:30am	L&C CL

CEU. 4 classes. Tuition: \$72 Textbook: \$20

Introduction to Computers

Learn key tools that will allow you to become an accomplished computer user. You will learn how to create and save a document, how to copy and paste, e-mail essentials, use the internet while keeping your computer safe, advanced keyboard and mouse skills, and much more.

Course No.	Date	Day	Time	Location
SP440-01	8/22-8/31	M W	6:00-8:30pm	SCW J106
SP440-02	9/6-9/15	T Th	9:00-11:30am	SCW J106
SP440-03	10/10-10/19	M W	6:00-8:30pm	L&C CL

CEU. 4 classes. Tuition: \$72 Textbook: \$25

Windows 7

Get introduced to the new look and feel of Windows 7! Learn to manage files/folders, customize the Control Panel, and discover the new additions. Don't worry, Windows 7 is a winner! It's more stable than Vista and user friendly. (No class 11/22, 11/24)

Course No.	Date	Day	Time	Location
CO433-01	10/6-10/27	Th	6:00-8:30pm	L&C CIS
CO433-02	11/15-12/1	T Th	6:00-8:30pm	L&C CIS

CEU. 4 classes. Tuition: \$82 Textbook: \$25

Word 2007

Expand your knowledge of the different features of Word 2007. Become familiar with Word and learn basic ways to navigate and enter text, manage documents, editing techniques, proofreading, text formatting, create tables and charts, and more. (No class 9/21)

Course No.	Date	Day	Time	Location
CO285-01	9/7-10/12	W	6:00-8:30pm	SCW J106
CO285-02	10/14-11/11	F	9:00-11:30am	SCW J106

CEU. 5 classes. Tuition: \$102 Textbook: \$20

Excel 2007

Prerequisite: Windows

Add another computer skill to your resume! This class introduces the basic spreadsheet concepts of Microsoft Excel and identifies the advantage of using electronic worksheets. Topics include creating, formatting, and printing worksheets, creating simple formulas, writing formulas using Excel functions, naming cell ranges, and using the Help system.

Course No.	Date	Day	Time	Location
CO315-01	9/20-10/18	T	6:00-8:30pm	SCW J106
CO315-02	9/28-10/26	W	9:00-11:30am	L&C CL

CEU. 5 classes. Tuition: \$102 Textbook: \$20



NEW Word 2010 - Essentials

Learn the essentials of Microsoft Word and word processing. Create, navigate and save documents, apply character and paragraph formatting, insert symbols and create headers and footers. Find out how to check spelling and grammar, add page breaks, work with document views and learn how to print and convert documents to PDF. Adding graphics and clip art will also be covered. (No class 11/23)

Course No.	Date	Day	Time	Location
CO317-01	10/26-11/30	W	6:00-8:30pm	SCW J106

CEU. 5 classes. Tuition: \$102 Textbook: \$20

NEW Excel 2010 - Essentials

Prerequisite: Windows

Learn the essentials of Microsoft Excel and spreadsheets to create and save workbooks, format text and numbers, select ranges and move or copy data. Learn how to use formulas and basic functions, explore printing options for worksheets and how to insert pictures. Saving worksheets as PDF files, formatting rows and columns and inserting SmartArt will also be covered.

Course No.	Date	Day	Time	Location
CO316-01	9/29-10/27	Th	6:00-8:30pm	SCW J106
CO316-02	10/3-10/31	M	9:00-11:30am	L&C CL

CEU. 5 classes. Tuition: \$102 Textbook: \$25

"Before the Crash" Computer Maintenance

Learn to keep your computer running well and avoid pitfalls such as viruses and spy ware. Learn how to delete unnecessary files, how to maximize the performance of RAM, and discover tune-up tools standard in Windows.

Course No.	Date	Day	Time	Location
CO101-01	8/16-8/18	T Th	9:00-11:30am	L&C CL
CO101-02	10/3-10/5	M W	6:00-8:30pm	L&C CL
CO101-03	11/10-11/17	Th	6:00-8:30pm	L&C CL

2 classes. Tuition: \$59



School District of the City of St. Charles

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 Dr. Rick Radford, Assistant Superintendent--Business
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Adult and Community Education

Ms. Cheryl Graber, Coordinator
 Ms. Stephanie Tolen, Supervisor
 Ms. Terry Kaczmarek, Secretary
 Ms. Ruth Guffey, PIE Facilitator

You've Got Mail!

Prerequisite: Must be proficient in basic keyboarding and mouse skills.

Keep in touch with family and friends by communicating through electronic mail. Learn the basics of creating, sending, replying, and forwarding mail messages. Learn how to attach files and photos, create a signature block, work with a distribution list and address book, organize email storage, and much more.

Course No.	Date	Day	Time	Location
CO125-01	9/2-9/9	F	9:00-11:00am	L&C CL
CO125-02	11/1-11/3	T Th	6:00-8:00pm	SCW J106

2 classes. Tuition: \$52

NEW Lights, Camera, Action!

Become a movie producer with Windows Movie Maker! Create your own movies with old photos, digital photos and digital movies. Add drama using voice overs, music and special effects. Pass the popcorn, please!

Course No.	Date	Day	Time	Location
CO649-01	8/17-8/31	W	6:00-8:30pm	L&C CL
CO649-02	9/8-9/22	Th	6:00-8:30pm	L&C CL

3 classes. Tuition: \$62

QuickBooks Pro

Managing your business finances has never been easier with the newest version of Quickbooks Pro! Make your everyday business tasks easier than ever before, accurately manage your financial data, create and utilize a variety of reports, and much more.

Course No.	Date	Day	Time	Location
CO521-01	10/3-11/7	M	6:00-8:30pm	SCW J106

CEU. 6 classes. Tuition: \$169

NEW Facebook for Beginners

This class will show you the ins and outs of this popular social networking website. You will create a Facebook account, complete your profile, learn about security and privacy issues, and explore the many facets of Facebook.

Course No.	Date	Day	Time	Location
SP455-01	9/30-10/21	F	9:00-11:00am	L&C CL
SP455-02	10/28-11/18	F	9:00-11:00am	L&C CL

4 classes. Tuition: \$69



NEW Create a Free Website!

Ever wanted to create your own website? Think it's hard because you need to know programming or you can't afford the cost? We'll show you how to create a free website without programming knowledge. It's absolutely user friendly and there is no software to purchase. Include photos, video, and animation.

Course No.	Date	Day	Time	Location
CO651-01	8/23-8/30	T	6:00-8:30pm	L&C CL
CO651-02	9/20-9/27	T	6:00-8:30pm	L&C CL

2 classes. Tuition: \$59

NEW To Google and Beyond

Come explore the multi-faceted world of Google. You'll discover Google Earth and maps with street view to help you get where you are going. Google reader is a personalized reading cafe complete with your favorite news sites and blogs to help you keep up with current events. Google Voice, talk, and g-mail will keep you in touch with family and friends. Lots to learn! This class requires some previous computer knowledge.

Course No.	Date	Day	Time	Location
SP454-01	10/17-10/19	M W	9:00-11:00am	SCW J106

2 classes. Tuition: \$52

NEW A Blogging We Will Go

You know what websites are, but what's a BLOG? Ask yourself - do you need one? Everyone needs a blog. Are you getting married, having a baby, a new puppy, searching for a job, want to discuss a certain topic such as books politics or recipes, taking that ultimate world trip? We'll show you how to set up a blog so friends and family can watch your progress. Include video and photos too. A blog lasts forever! And its FREE! (No class 11/23)

Course No.	Date	Day	Time	Location
CO652-01	8/18-9/1	Th	6:00-8:30pm	L&C CL
CO652-02	11/9-11/30	W	6:00-8:30pm	L&C CL

3 classes. Tuition: \$62

Continuing Education Units (CEUs)

Some courses are awarded CEUs which are a form of nationally recognized credit based on time spent in continuing education experiences. A record of cumulative CEUs is maintained for all students and will appear on transcripts that are requested from the office.

How to Buy and Sell on eBay

Prerequisite: Must have computer experience and an email account. Now is the time to become an entrepreneur! This hands-on class will teach you how to search, use help, register, and use an eBay account. The selling and bidding process, timing, feedback, how to pay, and shipping charges will also be covered.

Course No.	Date	Day	Time	Location
CO138-01	9/6-9/13	T	6:30-9:00pm	L&C 105A
CO138-02	10/11-10/18	T	6:30-9:00pm	L&C 105A

2 classes. Tuition: \$59



eBay Workshop

Prerequisite: How to Buy and Sell on eBay. Bring your small treasure with you to this workshop, and we will help you photograph and list your item on eBay. We will cover eBay photography, auction placement, timing, terms/conditions, pricing strategies, auction type, shipping, payments, and everything you need to list your first item.

Course No.	Date	Day	Time	Location
CO161-01	9/20	T	6:30-9:00pm	L&C 105A
CO161-02	10/25	T	6:30-9:00pm	L&C 105A

1 class. Tuition: \$42

Operating an eBay Store/Business

Prerequisite: How to Buy and Sell on eBay and eBay Workshop, or sellers with feedback from 10 or more.

Take your ebay skills to a higher level! This class will discuss eBay management tools, how to open and manage an eBay store, organization techniques, procedures, bookkeeping, shipping practices, inventory, and time management.

Course No.	Date	Day	Time	Location
CO162-01	9/27	T	6:30-9:00pm	L&C 105A
CO162-02	11/1	T	6:30-9:00pm	L&C 105A

1 class. Tuition: \$42

Small Business Enterprise

Being your own Boss can be a challenge! Whether you are just starting out or have been in business for awhile, we have classes to help you evaluate, acquire, and implement best business practices. The Small Business Enterprise program will feature guest speakers from various industries, business environments, geographic regions and professional backgrounds. These VIP guest speakers strengthen the learning experience for the students of the Small Business Start-Up and Small Business Expansion courses by sharing their experiences. Participants will get first-hand accounts and insiders' perspectives on what's happening in business operations, financial markets, global trade, multi-national companies and diverse market and industry sectors. Speakers may include:

Small Business Administration~Municipal Economic Development Officers~Business Bank Loan Officers~Attorneys~Certified Public Accountants~Successful/Failed Start-Up Entrepreneurs
~Human Resource Consultants~Franchise Owners/Operators~Commercial Real-Estate Brokers
~Image Branding Consultants~Chamber of Commerce and Business Association Reps.



NEW Small Business Start-Up

This 10-session course is designed to enable a person to realistically evaluate their business concept and implement that concept effectively. Participants will then develop a workable business plan. Upon successful completion of this course, the participant will have learned the following best practices of business ownership:

- Development and testing their business concept
- Selection of best business entry options
- Organization and management skills
- Research and marketing their business
- Understanding and getting finances in order
- How and where to get funding for their business
- How and why to develop a network with other entrepreneurs

Course No.	Date	Day	Time	Location
BU140-01	9/12-11/14	M	6:00-8:30pm	HMS Library

CEU. 10 classes. Tuition: \$399

NEW Small Business Expansion

This 10-session intensive training program is designed to encourage business expansion in our community. This course teaches the art of better business practices while producing a comprehensive business plan to guide business expansion decisions and activities. Entrepreneurs will learn the following:

- Organization and better management skills
- Identifying marketing opportunities
- Best financial management practices
- Funding opportunities
- Comprehensive business plans
- Advantages of small business networking
- Networking of business support services

(No class 9/21, 11/23)

Course No.	Date	Day	Time	Location
BU141-01	9/14-11/30	W	6:00-8:30pm	HMS Library

CEU. 10 classes. Tuition: \$399

QuickBooks Pro

Managing your business finances has never been easier with the newest version of Quickbooks Pro! Make your everyday business tasks easier than ever before, accurately manage your financial data, create and utilize a variety of reports, and much more.

Course No.	Date	Day	Time	Location
CO521-01	10/3-11/7	M	6:00-8:30pm	SCW J106

CEU. 6 classes. Tuition: \$169

To access online courses for business professionals, visit our website at www.stcharlesae.org and click on the ed2go logo.



Estate Planning - Wills, Trusts, and More

In today's economy it's crucial that we build security, protect assets, and maximize wealth! An attorney will cover the components of a simple will, probate-avoiding and privacy-protecting trusts, estate tax-saving trusts, trusts for children, guardianship issues, powers of attorney, joint property and transfer upon death, life insurance, and much more.

Course No.	Date	Day	Time	Location
FM700-01	8/25-9/1	Th	6:00-9:00pm	SCW J105
FM700-02	11/10-11/17	Th	6:00-9:00pm	SCW J105

2 classes. Tuition: \$84

NEW Budgeting Basics

Looking for where to start on making and living on a budget? Come join this session to learn how to set up a budget that fits your personality and lifestyle and various strategies for living within your means.

Course No.	Date	Day	Time	Location
FM100-01	10/29	Sat	1:00-3:15pm	L&C CL
FM100-02	11/17	Th	6:00-8:15pm	SCW J106

1 class. Tuition: \$32

Become a Community Education Instructor

Find out what it takes to become a Community Education Instructor! Our staff will help you develop an idea and design a class that you would want to teach. You will learn how our Community Education program works and what is necessary to run a successful class.

Course No.	Date	Day	Time	Location
PE400-01	10/12	W	6:00-7:00pm	L&C Multi A

1 class. Free!



Senior Café

For the experienced student who wants to know more!

NEW New Adventures--Chasing Your Passion Not Your Pension!

What do you do once your children are raised, you no longer put in 40+ hours at work but you still have many productive years available to you? Your "golden" years can be a time of tremendous opportunity and exciting adventures! Come learn about and explore what choices you can make today to make your future years more meaningful. If you are planning to retire or have already retired, this is the time to take control of the next stage of your life and make it more productive, purposeful, and enjoyable!

Course No.	Date	Day	Time	Location
PE900-01	9/27-9/29	T Th	6:00-8:00pm	SCW J105
PE900-02	11/1-11/13	T Th	6:00-8:00pm	SCW J105

2 classes. Tuition: \$52

Estate Planning - Wills, Trusts, and More

In today's economy it's crucial that we build security, protect assets, and maximize wealth! An attorney will cover the components of a simple will, probate-avoiding and privacy-protecting trusts, estate tax-saving trusts, trusts for children, guardianship issues, powers of attorney, joint property and transfer upon death, life insurance, and much more.

Course No.	Date	Day	Time	Location
FM700-01	8/25-9/1	Th	6:00-9:00pm	SCW J105
FM700-02	11/10-11/17	Th	6:00-9:00pm	SCW J105

2 classes. Tuition: \$84

AARP Driver Safety Program



The AARP Driver Safety Program helps motorists age 50 and older maintain their independence and driving privileges. You could qualify

for a discount on auto insurance by completing this course.

Course No.	Date	Day	Time	Location
PE421-01	9/8	Th	9:00am-1:00pm	L&C Multi A
PE421-02	10/6	Th	9:00am-1:00pm	L&C Multi A

1 class. Tuition: \$12 for AARP members
\$14 for Non-members

NEW Meet the Mouse!

New to computers? This class is for you. Learn to use the mouse while sharpening your skills with mouse exercises, tutorials, games, and even an Internet jigsaw puzzle. We'll step lightly into an introduction to computers with this class.

Course No.	Date	Day	Time	Location
SP450-01	8/29-8/31	M W	9:00-11:00am	L&C CL
SP450-02	10/3-10/5	M W	9:00-11:00am	SCW J106

2 classes. Tuition: \$52

Introduction to Computers

Learn key tools that will allow you to become an accomplished computer user. You will learn how to create and save a document, how to copy and paste, e-mail essentials, use the internet while keeping your computer safe, advanced keyboard and mouse skills, and much more.

Course No.	Date	Day	Time	Location
SP440-01	8/22-8/31	M W	6:30-9:00pm	SCW J106
SP440-02	9/6-9/15	T Th	9:00-11:30am	SCW J106
SP440-03	10/10-10/19	M W	6:30-9:00pm	L&C CL

CEU. 4 classes. Tuition: \$72 Textbook: \$25

NEW Fun With Word!

Microsoft Word is more than a word processor. Discover how to design invitations, posters, greeting cards, calendars, business cards, personalized stationery, and more! Learn the secrets of mail merge, personalized forms, and how to create photo albums.

Course No.	Date	Day	Time	Location
SP451-01	9/27-10/6	T Th	9:00-11:00am	SCW J106
SP451-02	11/29-12/8	T Th	9:00-11:00am	SCW J106

4 classes. Tuition: \$69

NEW Picture This!

Using Windows Movie Maker you will learn how to turn your photos into movies. With special effects, transitions, narration, titles, captions, you can organize your photos into storytelling movies complete with music and rolling credits! Once complete, share with family and friends through the web, computer, TV, or DVD.

Course No.	Date	Day	Time	Location
SP452-01	10/18-10/25	T Th	12:00-2:00pm	SCW J106

3 classes. Tuition: \$59

NEW Facebook for Beginners

This class will show you the ins and outs of this popular social networking website. You will create a Facebook account, complete your profile, learn about security and privacy issues, and explore the many facets of Facebook.

Course No.	Date	Day	Time	Location
SP455-01	9/30-10/21	F	9:00-11:00am	L&C CL
SP455-02	10/28-11/18	F	9:00-11:00am	L&C CL

4 classes. Tuition: \$69

NEW To Google and Beyond

Come explore the multi-faceted world of Google. You'll discover Google Earth and maps with street view to help you get where you are going. Google reader is a personalized reading cafe complete with your favorite news sites and blogs to help you keep up with current events. Google Voice, talk, and g-mail will keep you in touch with family and friends. Lots to learn! This class requires some previous computer knowledge.

Course No.	Date	Day	Time	Location
SP454-01	10/17-10/19	M W	9:00-11:00am	SCW J106

2 classes. Tuition: \$52

NEW Senior Surf!

Seniors wax your boards! Explore all the web has to offer for seniors and grandparents. Discover chats, forums, and message boards on hobbies that interest you. Surf sites for games, puzzles, senior news, and senior discount directories. Learn how to surf safely, how to avoid computer viruses, and much more! Don't miss this class!

Course No.	Date	Day	Time	Location
SP453-01	10/3-10/5	M W	12:00-2:00pm	SCW J106
SP453-02	11/14-11/16	M W	12:00-2:00pm	SCW J106

2 classes. Tuition: \$52

NEW Zumba Gold!

Latin inspired, easy-to-follow dance fitness designed for the active older adults or those just starting their journey to a fit and healthy lifestyle. (No class 9/22)

Course No.	Date	Day	Time	Location
RE151-01	8/23-10/27	T Th	4:00-5:00pm	HMS Com
RE151-02	10/11-11/10	T Th	4:00-5:00pm	HMS Com

10 classes. Tuition: \$82

See pages 16 and 17 for more fitness and dance classes suitable for seniors!

personal enrichment

NEW Introduction to Basic Digital Photography

Improve your photography skills, take better pictures, and become more creative! Demystify your digital camera and learn the essentials of digital photography, i.e., what ISO speed to use and when, flash settings, camera settings, zoom, and basic shooting techniques. Please bring your digital camera (with charged batteries and extra batteries) and its instruction manual to class.

Course No.	Date	Day	Time	Location
PE129-01	9/13-9/27	T	6:00-8:30pm	L&C 103

3 classes. Tuition: \$62



NEW Sports and Action Photography

Ever wonder why your action shots are blurry and out of focus? Come and learn how camera settings, available light, better anticipation of the action, and positioning yourself can make the difference between a so-so camera shot and a great one! Basic shutter speed, ISO speed, and aperture settings will be discussed and taught. Students must have an SLR camera (digital suggested) with telephoto lens and manual.

Course No.	Date	Day	Time	Location
PE130-01	10/4-10/18	T	6:00-8:30pm	L&C 103

3 classes. Tuition: \$62

NEW Shoot Like a Photojournalist!

In this class for the advanced photographer, you'll embrace your inner artist and learn how to apply composition, lighting, shutter speed, and depth of field when photographing to tell a "story" through images. This class is ideal for those who want to take beautiful, unique photos either for personal or professional use. Learn the techniques of professional photojournalism from Suburban Journal Staff Photographer Ryan Prewitt. Students must have an SLR camera, basic knowledge of shutter speed, F-stop and ISO.

Course No.	Date	Day	Time	Location
PE131-01	10/25-11/1	T	6:00-8:30pm	L&C CL

2 classes. Tuition: \$59

piano

Just ONCE Piano for Busy People

You don't need years of weekly lessons to learn piano. In just a few hours, you can learn enough secrets of the trade to give you years of musical enjoyment. While regular piano teachers teach note reading, piano professionals use chords. You can learn all the chords you'll need in one session to play any song. If you can find middle C and know the meaning of Every Good Boy Does Fine, you already know enough to enroll in this workshop. *(Materials fee of \$29.00 for the Book and Practice CD will be collected in class by the instructor.)*

Course No.	Date	Day	Time	Location
CA500-01	9/26	M	6:00-9:00pm	HMS 139
CA500-02	10/19	W	6:00-9:00pm	HMS 139
CA500-03	11/14	M	6:00-9:00pm	HMS 139

1 class. Tuition: \$30

NEW Just ONCE Piano by Ear

Learn one of music's deepest mysteries: how to play songs without relying on music. A very practical presentation of music theory that includes predicting chord progressions, learning from recordings, and transposing--all expressed in everyday language. This is an ideal follow-up to the "Instant Piano" class and is open to anyone who has a basic understanding of chords on any instrument. Prior experience with chords recommended. *(Materials fee of \$29.00 for the Book and Practice CD will be collected in class by the instructor.)*

Course No.	Date	Day	Time	Location
CA502-01	10/17	M	6:00-9:00pm	HMS 139
CA502-02	11/16	W	6:00-9:00pm	HMS 139

1 class. Tuition: \$30

guitar

Just ONCE Guitar for Busy People

Have you ever wanted to learn guitar but just can't seem to find the time? In just a few hours, you can learn enough about playing the guitar to give you years of musical enjoyment without taking private lessons. This crash course will teach you basic chords and get you playing along with your favorite songs right away. *(Materials fee of \$29.00 for the Book and Practice CD will be collected in class by the instructor.)*

Course No.	Date	Day	Time	Location
CA501-01	9/14	W	6:00-9:00pm	HMS 139
CA501-02	10/3	M	6:00-9:00pm	HMS 139
CA501-03	11/9	W	6:00-9:00pm	HMS 139

1 class. Tuition: \$30

something for everyone

NEW Homeschooling, Getting Started

Do you want to homeschool your child but find the wealth of information overwhelming? Let us give you a solid background in educational/developmental theory, present curriculum options, and explore the many resources available in St. Charles County. We will also touch upon Missouri legal regulations for homeschooling. Leave with the necessary knowledge and resources to begin homeschooling your child. *(No class 9/22)*

Course No.	Date	Day	Time	Location
PE100-01	9/8-9/29	Th	6:00-8:00pm	HMS 108

3 classes. Tuition: \$59

Staging Sells!

You can sell your home at the highest price in the shortest time by simply staging your home to appeal to the largest pool possible of potential buyers. Learn why staging is important and how to stage your home for maximum return.

Course No.	Date	Day	Time	Location
FM506-01	10/5	W	6:30-8:00pm	L&C Multi A
FM506-02	11/9	W	6:30-8:00pm	L&C Multi A

1 class. Tuition: \$32

Taking Clipping Out of Couponing

Meet the 21st century method of couponing made easy! Through hands-on practice, you will learn fool-proof ways to save hundreds of dollars on the purchases you normally make. Learn how to keep more of your money in your pocket!

Course No.	Date	Day	Time	Location
FM800-01	11/7-11/21	M	6:00-7:00pm	L&C CL
FM800-02	11/28-12/12	M	6:30-7:30pm	SCW J106

3 classes. Tuition: \$52

NEW Dish it up Fresh!

Clean up your diet! Learn why organic farming methods are healthier for the soil and, ultimately, for your body. Become familiar with local organic producers and benefits of being a "locavore". We will demonstrate and try some recipes using local organic products and learn how to modify and substitute recipes in order to eat seasonally. Come away with the knowledge and resources to support your local organic farmers and get some really cool recipes, too!

Course No.	Date	Day	Time	Location
HG154-01	10/5-10/12	W	6:00-8:00pm	SCW J107

2 classes. Tuition: \$52



A Writer's Haven

"believe in yourself and learn to write from the heart"

NEW How to Write and Publish your Children's Book

Have you ever dreamed of writing and publishing your own children's book? This course will cover everything from conceiving your idea to writing, editing, and publishing it. Find out step by step how you can be a published author and learn the secrets it takes published authors years to discover! Leave this fun and informative class with a working outline and a viable publishing plan for your masterpiece. Taught by published author/illustrator Angela Sage Larsen, this course promises to inspire, educate, and entertain the aspiring writer in you!

Course No.	Date	Day	Time	Location
PE144-01	10/4-11/8	T	6:00-8:00pm	HMS 109

6 classes. Tuition: \$99

NEW How to Illustrate your Children's Book

Do you have a children's story that is just waiting to become an illustrated book? This class will help you design, format, and illustrate your children's story. Come away from the class with a workable plan customized just for you, a dummy book, a completed spread, a completed single page, and a design for your book cover. Taught by published author/illustrator and lifelong artist Angela Sage Larsen.

Course No.	Date	Day	Time	Location
PE145-01	10/20-11/10	Th	6:00-8:00pm	HMS 109

4 classes. Tuition: \$79

NEW Write a Better Mystery Workshop

What makes a good mystery? The characters, the plot twists, the atmosphere? All of these and more will be discussed in this 2 hour workshop taught by published author Judy Moresi. The class is geared toward helping you develop your story, avoid common mistakes, and design a plot that will keep your readers guessing! We will discuss different mystery genres, characterization, and storyboarding. You will leave this workshop with a workable outline as well as a local resource guide to make contact with other writers and publishers.

Course No.	Date	Day	Time	Location
PE201-01	10/12	W	6:00-8:00pm	HMS 109
PE201-02	11/16	W	6:00-8:00pm	HMS 109

1 class. Tuition: \$32

Become a Better Writer - Part I

Join us for this bottom-line, practical, and non-threatening class on writing and communicating. Take the fear out of writing by revisiting basic grammar and punctuation, by learning tips and up-to-date information on writing styles, and by focusing on a specific audience, your reader. You learn by doing, so all students will be required to write weekly assignments. (No Class 9/21)

Course No.	Date	Day	Time	Location
PE552-01	8/31-10/5	W	6:00-7:30pm	HMS 108

CEU. 5 classes. Tuition: \$59

Become a Better Writer - Part II

Join us for this more extensive class on writing and communicating. You will develop skills in writing summaries, formal letters, short reports, instructions/directions, and technical definitions. This course is not for the faint of heart; students will be required to write weekly assignments. The pay back, however, is written feedback on assignments and several in-class, one-on-one consultations with the instructor.

Course No.	Date	Day	Time	Location
PE553-01	10/12-11/16	W	6:00-8:00pm	HMS 108

CEU. 6 classes. Tuition: \$72

Grant Writing

This course will provide an overview of the various stages of the grant-seeking and grant-writing process. Topics include grant development issues, types of grants and funders, the development and articulation of an idea proposed for funding, identification of possible funding sources, the design and evaluation of a proposed program and/or project, the creation of community partnerships, proposal writing, budget development and description, and grant review process.

Course No.	Date	Day	Time	Location
BU150-01	10/3-10/26	M W	7:30-9:30pm	SCW J105

CEU. 8 classes. Tuition: \$199

Spanish I

Hola! Come learn the Spanish language in the present tense. This introductory class is grammar-oriented and vocabulary-based.

Course No.	Date	Day	Time	Location
LA134-01	9/6-10/11	T	6:00-8:00pm	SCH C6

CEU. 6 classes. Tuition: \$99 Textbook: \$25

Spanish II

This class is a continuation class for Spanish grammar. Sentence structure is reviewed and past tense is spoken.

Course No.	Date	Day	Time	Location
LA135-01	10/18-11/22	T	6:00-8:00pm	SCH C6

CEU. 6 classes. Tuition: \$99 Textbook: \$25



Conversational Spanish

Learn to speak Spanish in everyday conversations. This is a more advanced class for those who already know basic Spanish.

Course No.	Date	Day	Time	Location
LA132-01	10/13-11/17	Th	6:00-8:00pm	SCH C6

6 classes. Tuition: \$99 Textbook: \$25

Spanish in a Day

Taking a trip to a Spanish-speaking country? This quick class will introduce you to commonly used Spanish words and phrases.

Course No.	Date	Day	Time	Location
LA133-01	9/1	Th	6:00-8:00pm	SCH C6

LA133-02 10/6 Th 6:00-8:00pm SCH C6

1 class. Tuition: \$32

Looking for Instructors!

Do you have a special talent or interest you would like to share? Need some extra money? Join our team of creative adult education instructors! Call us today at **636-443-4043**.

Knitting, Crocheting, Sewing... no longer your grandmother's hobby.



Introduction to Crochet

Learn how to crochet the basic stitches and how to read a pattern or instructions in a magazine. You will crochet a granny-square and work on an afghan, hat, or scarf. Supply list will be provided.

Course No.	Date	Day	Time	Location
CA276-01	10/3-10/24	M	6:00-8:30pm	SCW J105

4 classes. Tuition: \$62

Knitting for the Novice

Learn the basic knit and purl stitches as you knit two different dishcloths and a scarf and learn to correct common mistakes. Bring a pair of bamboo or wooden size 8 knitting needles and two skeins of worsted weight cotton yarn in a light color and a skein of worsted weight wool or a wool blend in a variegated color.

Course No.	Date	Day	Time	Location
CA275-01	10/4-11/8	T	6:00-8:30pm	SCW J107
CA275-02	10/7-11/11	F	9:00-11:30am	L&C 103

6 classes. Tuition: \$82

Take Your Knitting to the Next Level

Prerequisite: Previous knitting and purling experience. Take your knitting to the next level! You pick the project and the instructor will help you get it started by teaching you the skills you need to make it a success. It could be colorwork (intarsia or Fair Isle), lace, your first sweater, or mix the techniques and make your first fairisle or lace sweater or socks -- you name it! (No class 11/25)

Course No.	Date	Day	Time	Location
CA278-01	11/15-11/29	T	6:00-8:30pm	SCW J107
CA278-02	11/18-12/9	F	9:00-11:30am	L&C 103

3 classes. Tuition: \$59

NEW The Notebook. . .

Be that person that never forgets a birthday or anniversary! We will create a bound book that contains pockets for appropriate cards and a calendar for each month using various stamps, papers, and embellishments. Note: \$10 materials fee payable to instructor.

Course No.	Date	Day	Time	Location
CA400-01	10/3	M	6:00-8:30pm	SCW J107

1 class. Tuition: \$32

NEW Amigurumi:

What is it and How do I do it?

Amigurumi is the Japanese art of knitting or crocheting small animals or toys. Have fun making homemade gifts for all the special people in your life! Knit your own cat toys! Dress up your life with crocheted friends! Expand your crafting repertoire and learn the basic techniques of this specialized skill.

Course No.	Date	Day	Time	Location
CA373-01	12/8-12/15	Th	6:00-8:00pm	JMS 307

2 classes. Tuition: \$42

NEW Arts in Fabric

Bring your leftover fabrics, rick rack, lace, etc. and learn how to make beautiful fabric flowers and embellishments for your clothing! Your friends will never know that you made these treasures with just a few leftovers and a lot of imagination!

Course No.	Date	Day	Time	Location
CA371-01	10/13-10/20	Th	6:00-8:00pm	JMS 307

2 classes. Tuition: \$42

NEW Applique Demystified

Just like Grandma used to make, only better! Applique your own designs onto whatever you want...a quilt, your jeans, bed linens, anything that fits in your sewing machine! Learn the skills it takes to design and applique your own heirloom pieces.

Course No.	Date	Day	Time	Location
CA372-01	11/10-11/17	Th	6:00-8:00pm	JMS 307

2 classes. Tuition: \$42

NEW Measure Twice, Cut Once. . .

Learn the secrets to designing perfectly fitting clothing without a pattern! It's easier than you might think: measure your subject accurately, cut fabric to size, then sew and voila!, a fitted skirt! Step-by-step instructions, helpful printouts, sample projects, and a patient and knowledgeable instructor will help you master this infinitely versatile skill.

Course No.	Date	Day	Time	Location
CA370-01	9/8-9/15	Th	6:00-8:00pm	JMS 307

2 classes. Tuition: \$42

Refresh Your Sewing Skills

Refresh your sewing using the Simplicity "Simply The Best" sewing book. Start at whatever level you feel comfortable with and progress to a garment, a bag, or a craft. Must bring your own sewing machine and know how to use it. (No class 9/21)

Course No.	Date	Day	Time	Location
CA176-01	9/14-10/26	W	6:00-9:00pm	L&C 103

6 classes. Tuition: \$102 Textbook: \$14

Tailor A Perfect Fit!

In this advanced class you will choose a pattern and fabric (with the help of the instructor) for making a lady's button down blouse. You will apply sleeves and buttons and make button holes, and learn how to tailor a perfect fit using the Simplicity "Simply The Best" sewing book. (No class 11/23)

Course No.	Date	Day	Time	Location
CA179-01	11/2-12/14	W	6:00-9:00pm	L&C 103

6 classes. Tuition: \$102 Textbook: \$14

Doing it Myself!

The Handy Woman's Series

NEW Home Maintenance 101

Ladies--You CAN do it yourself! Come learn the basic skills of maintaining the electrical, plumbing, and heating/cooling systems in your home. You'll learn how to repair or replace electrical fixtures, including switches, repair or replace faucets or leaking toilets, replace a thermostat, and more.

Course No.	Date	Day	Time	Location
HG201-01	9/1	Th	6:30-8:00pm	L&C Multi B

1 class. Tuition: \$23

NEW Trim, the Finishing Touch!

Come learn the basic skills needed for your interior trim project in this fun, informative class. We'll discuss everything from chair rails and baseboards to crown molding. Learn how to safely and effectively use a miter saw and pneumatic air nailer and identify and use basic trim tools and materials.

Course No.	Date	Day	Time	Location
HG202-01	9/15	Th	6:30-8:00pm	L&C Multi A

1 class. Tuition: \$23

NEW Baby, It's Cold Outside!

No more drafty windows, doors, or wasting energy! Come learn simple, cost-effective ways to weatherize your home. We'll teach you how to perform your own energy audit and give you energy-saving tips to help save you money!

Course No.	Date	Day	Time	Location
HG203-01	9/22	Th	6:30-8:00pm	L&C Multi B

1 class. Tuition: \$23



NEW Power Trip!

Power tools are fun! In this interactive class, you will learn how to safely and efficiently operate some of the most common and versatile power tools for use around your home. We'll teach you to identify the parts and functions of each tool, how to select the proper drill and screwdriver bits, ratchets, blades, and more. You'll be on your way to power tool dominance!

Course No.	Date	Day	Time	Location
HG208-01	10/20	Th	6:30-8:00pm	L&C Multi A

1 class. Tuition: \$23

NEW Holiday Preview: NEW AND INNOVATIVE TOOLS FOR THE GUYS!

Holiday gift buying for the guys has never been easier! Come check out the latest and greatest, must-have tools of the season! We'll demonstrate and teach you how to use them so you can pass along that knowledge. You will shine this holiday!

Course No.	Date	Day	Time	Location
HG209-01	11/17	Th	6:30-8:00pm	L&C Multi B

1 class. Tuition: \$23

More DIY Classes



Drywall Made Simple

Hanging drywall is a process that moves your home remodeling project to an entirely new level. You'll learn about drywall materials and supplies, what tools are needed, framing basics, measuring and cutting, taping, joint compounds, and sanding. You will also learn the step-by-step techniques of repairing drywall to a like-new condition.

Course No.	Date	Day	Time	Location
HG103-01	10/13	Th	6:30-8:00pm	L&C Multi A

1 class. Tuition: \$23

NEW Screening, Take One...

Take the guess work out of changing the screens in your windows and doors. This workshop will guide you through the steps and materials needed to keep those bugs outside!

Course No.	Date	Day	Time	Location
HG205-01	10/6	Th	6:30-8:00pm	L&C Multi A

1 class. Tuition: \$23

NEW Window & Door Clinic

Ready to modernize your home with new windows and doors? This do-it-yourself clinic will give you the basics for installing or replacing a window and door and the tools needed for this task. In the second class, we'll discuss window and door casings, basic trim tools and materials, and installation of door handles and locks.

Course No.	Date	Day	Time	Location
HG206-01	11/8-11/10	T Th	6:30-8:00pm	L&C Multi B

2 classes. Tuition: \$43

NEW ABCs of Ceramic Tile

Ceramic tile installation can seem like a tough project to tackle. Learn to do it yourself from surface preparation and layout to cutting, trimming, and grouting. Two different classes to choose from!

Session 1: Walls & Backsplash

Course No.	Date	Day	Time	Location
HG101-01	10/27	Th	6:30-8:00pm	L&C Multi A

Session 2: Floors

Course No.	Date	Day	Time	Location
HG101-02	11/3	Th	6:30-8:00pm	L&C Multi A

1 class. Tuition: \$23

NEW Laminate Flooring Installation

Learn about some of the newest budget-friendly flooring that looks like the "real" stuff--no more peel and stick tile! This flooring is easy to install and looks great! From floor prep to application, you'll learn it all.

Course No.	Date	Day	Time	Location
HG204-01	12/1	Th	6:30-8:00pm	L&C Multi B

1 class. Tuition: \$23

We are proud to Partner with our local St. Charles Home Depot in providing these DIY classes!



Feeling Creative?

NEW Beaded Wire Pin

Make an eye catching addition to a sweater, jacket, hat, or shawl. Learn how to twist wire into freeform shape to create a one of a kind pin. Supply list will be provided.

Course No.	Date	Day	Time	Location
CA810-01	9/8	Th	6:00-8:00pm	SCW J107
CA810-02	11/17	Th	6:00-8:00pm	SCW J107

1 class. Tuition: \$32

Bead Dazzled!

Beading made easy for the beginner! During this two-day class you will learn how to lay out your design, string, and crimp to create necklaces and bracelets. In the second class you will learn the basic technique of making wrapped loops used to make earrings, necklaces, and bracelets. You will learn to attach beads to a link chain, make a pair of drop earrings, and a bead link bracelet. Supply list will be provided.

Course No.	Date	Day	Time	Location
CA804-01	9/29-10/6	Th	6:00-8:30pm	SCW J107
CA804-02	12/1-12/8	Th	6:00-8:30pm	SCW J107

2 classes. Tuition: \$52

Spiral Rope Chain

Ready to learn a bead weaving technique? Spiral rope chain is a great stitch for any beginner. Create necklaces or bracelets and play with color and bead sizes. Supply list will be provided.

Course No.	Date	Day	Time	Location
CA807-01	9/15	Th	6:00-8:00pm	SCW J107
CA807-02	11/3	Th	6:00-8:00pm	SCW J107

1 class. Tuition: \$32

NEW Fused Glass Pendants

Learn the basics of glass cutting and fusing to make one-of-a-kind pendants that you can wear or give to friends and family as handcrafted gifts with a personal touch. You will see how different temperatures change the "look" of your pendants, and most of all, you will have fun while making them! Students will make 4 to 5 pendants. \$15 materials fee payable to instructor.

Course No.	Date	Day	Time	Location
CA815-01	9/28	W	6:00-9:00pm	AGA
CA815-02	10/24	M	6:00-9:00pm	AGA

1 class. Tuition: \$32

Stained Glass for Beginners

For those who have never worked in stained glass before, this class enables students to make a small (8X10), simple project. You will learn basic glass cutting as well as how to work with copper, foils, and solder. Note: \$20 materials fee payable to the instructor.

Course No.	Date	Day	Time	Location
CA802-01	9/7-9/14	W	6:00-8:30pm	AGA
CA802-02	11/7-11/14	M	6:00-8:30pm	AGA

2 classes. Tuition: \$52

NEW Advanced Stained Glass

This class is geared toward students who have had basic glass cutting experience but want to take their work to a more intricate level. Students will work to complete a more advanced stained glass panel of up to 4 square feet. We will discuss proper reinforcing, cutting intricate curves, as well as how to add patina and finishes to the solder lines. Patterns must be approved by the instructor prior to the first day of class. Note: \$45 materials fee payable to instructor.

Course No.	Date	Day	Time	Location
CA812-01	11/21-12/12	T	6:00-8:30pm	AGA

4 classes. Tuition: \$65

Fused Glass Windchimes

Learn to cut, layer, and design glass pieces for fusing a glass windchime. In the first class, you will assemble colorful glass pieces for the instructor to fire. In the second class, you will take your now-fused glass components and string them together using beads and wire to make your own windchime.

Course No.	Date	Day	Time	Location
CA805-01	8/24-8/31	W	6:00-8:00pm	AGA

2 classes. Tuition: \$52



NEW Beginning Drawing

This basic drawing class emphasizes form and shape of static objects using light source and shadow to define dimensions, explore lines, tone, texture, and shading with pencil. Through a variety of subject matter including still life, landscape, and portraits, you will begin to use your drawing and technique skills. Basic drawing principles of composition, form, line quality, and light and shade are also covered thoroughly. Supply list will be provided. (No class 9/21)

Course No.	Date	Day	Time	Location
CA610-01	9/7-10/12	W	6:00-8:00pm	FAC

5 classes. Tuition: \$82

Introduction to Pen and Ink Drawing

This class will look at the range of techniques using pen and a variety of inks in a drawing. You will learn how to create tone and texture using ink drawing techniques such as stippling, pointillism, crosshatch, and more!

Course No.	Date	Day	Time	Location
CA611-01	10/18-11/22	T	6:00-8:00pm	FAC

6 classes. Tuition: \$82

Be sure to check out our new art class locations at the Foundry Art Centre and the Art Glass Array.

NEW Pastels - Getting Started

Learn how to use pastels in a variety of ways. This class will introduce some basic pastel and drawing techniques. We will spend time exploring the variety of techniques with small drawing pieces before attempting major drawings. These practice techniques will provide you with skills to create a masterpiece!. Supply list will be provided. (No class 11/23)

Course No.	Date	Day	Time	Location
CA612-01	10/26-12/7	W	6:00-8:00pm	FAC

6 classes. Tuition: \$82

Watercolor Painting- Getting Started

Always wanted to paint in watercolor but afraid to try? Approach the art of watercolor one step at a time with a series of skill-building exercises. Understand the building blocks of watercolor: the wash, how light works, brush techniques, and the use of value to create volume. Supply list will be provided.

Course No.	Date	Day	Time	Location
CA604-01	9/6-10/4	T	6:00-8:30pm	FAC

5 classes. Tuition: \$79



Cake Decorating Basics

Learn the right way to decorate a cake, step by step! You'll understand how to bake a great cake and be given the best icing techniques. You'll practice the three fundamentals of decorating and learn to create drop flowers, rosettes, shells, pompom flowers, leaves, shaggy mums, and the ribbon rose. Supply list will be provided. **Bonus class:** Everyone loves brownies! With your instructor's help learn to make fabulous brownie creations.

Course No.	Date	Day	Time	Location
CA430-01	8/30-9/27	T	6:00-8:30pm	JMS 307

5 classes. Tuition: \$79

Gum Paste and Fondant

Prerequisite: Cake Decorating Basics

Discover one of the most exciting and satisfying ways to decorate a cake! You'll create amazing hand-shaped flowers, beautiful borders, and bold accents using easy-to-shape icings. Surprise yourself as you learn the techniques of creating an artful bow, mum, rose, carnation, calla lily, rosebud, daisy, and embellished borders. Supply list will be provided. **Bonus class:** Learn to properly "build" multi-layer cakes so they make it to their destination in one piece!

Course No.	Date	Day	Time	Location
CA433-01	11/8-12/6	T	6:00-8:30pm	JMS 307

5 classes. Tuition: \$79

Flowers and Cake Design

Prerequisite: Cake Decorating Basics

Explore sophisticated ways to bring your cakes and desserts to life! You'll learn to create breathtaking icing flowers such as pansies, lilies, and roses. Discover the secrets of arranging them in a beautifully balanced cake-top bouquet with an impressive border treatment or basket weave design. Supply list will be provided. **Bonus class:** Learn how to create and decorate cake pops for your next special event.

Course No.	Date	Day	Time	Location
CA432-01	10/4-11/1	T	6:00-8:30pm	JMS 307

5 classes. Tuition: \$79

Cupcakes!

Cupcakes are the newest craze, being the chosen dessert for both formal affairs and everyday treats. Learn creative decorating techniques and take home delicious recipes that are sure to please! Cupcakes will be provided. Note: \$10 supply fee payable to the instructor.

Course No.	Date	Day	Time	Location
CA651-01	10/6	Th	6:00-8:30pm	JMS 307
CA651-02	11/10	Th	6:00-8:30pm	JMS 307

1 class. Tuition: \$32

**Enroll Early!
Classes Fill Quickly!**

Mommy and Me Halloween Treat Holders

Interested in giving special treats to all of your classroom friends for Halloween? Have fun creating with mom or dad! Participants will create 30 simple treat holders. Treats are not included. Note: \$10 materials fee payable to instructor. One child per adult please.

Course No.	Date	Day	Time	Location
CA303-01	10/19	W	6:00-8:30pm	SCW J107

1 class. Tuition: \$32

Get Ready for the Holidays!

NEW Holiday Table Banners

Create your own double-sided, accordion-folded holiday banner. The banner is a great decoration for your mantel or entertainment center. Note: \$10 materials fee payable to instructor.

Course No.	Date	Day	Time	Location
CA163-01	10/5	W	6:00-8:30pm	JMS 307

1 class. Tuition: \$32

NEW Holiday Cardmaking

Handmade cards make any occasion that much more special. Join us as we create 10 holiday cards to show friends and family just how much you care. Cards will be of one design appropriate for the upcoming holiday. Note: \$8 materials fee paid to instructor.

Course No.	Date	Day	Time	Location
CA149-01	9/8	Th	6:00-8:30pm	SCW J107
CA149-02	10/13	Th	6:00-8:30pm	SCW J107
CA149-03	11/9	W	6:00-8:30pm	SCW J105

1 class. Tuition: \$32



NEW Gift it up Fresh!

Just in time for the Holidays! Join us to get ideas about creating a giftbasket for that special someone! Get information about local restaurants and stores that serve or carry organic products. You will receive helpful handouts, an easy-to-duplicate demonstration, and even a drawing for seasonal items!

Course No.	Date	Day	Time	Location
PE240-01	11/16	W	6:00-8:00pm	SCW J107

1 class. Tuition: \$32

NEW Holiday Stamp Camp

Create your own gifts! Participants will create an expanding scrapbook picture box that will be ready for you to add your special photos, a holiday-themed candy bar slider, and a holiday card. Note: \$10 materials fee payable to instructor.

Course No.	Date	Day	Time	Location
CA364-01	9/7	W	6:00-8:30pm	SCW J107
CA364-02	11/2	W	6:00-8:30pm	SCW J107

1 class. Tuition: \$32

Personal Fitness Trainer Certification

Come join this fun field and be a part of what ABC NEWS.com states as the 4th hottest job in the US at a national average of \$25 an hour. Whether a career move or for your own personal knowledge, get all the information you need to become a CERTIFIED PERSONAL TRAINER.

This **challenging course** is taught over a 6-week period for better retention and skill competency. *The National Exam is held during the 6th week class.* This course is formatted as a 60-hour program and is comprised of 15 hours of lecture, 15 hours of practical training, and a 30-hour internship. It covers topics including biomechanics, exercise physiology, fitness testing, equipment usage, and health assessment. W.I.T.S. is the only major certifying body in the country providing comprehensive, practical training and internship components. Textbook is required and not included in course fees. (All training provided and supported by *W.I.T.S. "Educational Excellence for Fitness Professionals."*)

Learning Outcomes:

1. Assess an individuals' level of fitness using recommended guidelines of the American College of Sports Medicine.
2. Design and customize exercise programs for individuals based on their current fitness level, future needs, and fitness goals.
3. Demonstrate proper execution of weight lifting, stretching, and isometric exercises.
4. Practice personal fitness training professionally. Sit for the National Board of Fitness Examiners (NBFEE) exam.

Course No.	Date	Day	Time	Location
RE300-01	10/8-11/12	S	9am-4:00pm	L&C 103

Tuition: \$549 Internship Lab Fee: \$25
Textbook: \$81.97 (ordering information will be listed on registration receipt)

Note: CPR w/AED certification is required prior to class. See page 3 for CPR class information.

FREE Orientation

Want to learn more about this exciting career? This 1-hour lecture includes a brief overview of the industry and professional trends while allowing ample time for a Q & A session.

When: Sat., 9/17, 10-11:00 am

Where: Lewis & Clark Career Center, 2400 Zumbahl Road

NEW Women's Self-Defense

Become aware of the dangers out on the streets, and learn ways to prevent becoming a victim. This class will also teach techniques to be a survivor of an attack. *(Optional self-defense manual: \$20 payable to instructor.)*

Course No.	Date	Day	Time	Location
RE462-01	9/13-11/1	T	6:00-7:00pm	JMS Fit

8 classes. Tuition: \$90

Zumba

Latin inspired, easy-to-follow dance-fitness routine features rhythms like salsa, merenge, cumbia and samba that will exhilarate the senses and works all major groups in a high-energy cardio blast. *(No class 9/22)*

Course No.	Date	Day	Time	Location
RE150-01	8/23-10/4	T Th	5:30-6:30pm	HMS Com
RE150-02	10/11-11/17	T Th	5:30-6:30pm	HMS Com

12 classes. Tuition: \$99

NEW Kickboxing Boot Camp

Kickboxing Boot Camp combines kickboxing techniques with core, strength, and conditioning exercises. This class is a great tool to help you relieve stress, lose weight, get toned, and help you feel healthier, while hitting and kicking bags. *(Optional fitness manual: \$20 payable to instructor.) (No class 9/22)*

Course No.	Date	Day	Time	Location
RE468-01	9/15-11/3	Th	6:00-7:00pm	JMS Fit

8 classes. Tuition: \$90

NEW Zumba Gold!

Latin inspired, easy-to-follow dance fitness designed for the active older adults or those just starting their journey to a fit and healthy lifestyle. *(No class 9/22)*

Course No.	Date	Day	Time	Location
RE151-01	8/23-10/27	T Th	4:00-5:00pm	HMS Com
RE151-02	10/11-11/10	T Th	4:00-5:00pm	HMS Com

10 classes. Tuition: \$82

Boot Camp Classes You Don't Want to Miss!

NEW Boot Camp Challenge

Are you ready to get fit the healthy way? Would you like to work with a personal trainer for a quarter of the price? Would you like to be a part of the #1 Fitness Trend in the US? If you answered "yes," then this program is for you! Come join us as we educate, motivate, and encourage you through your wellness journey.

Course No.	Date	Day	Time	Location
RE147-01	9/26-11/2	M W	6:30-7:30pm	BHE Gym

12 classes. Tuition: \$145

NEW Holiday Boot Camp Challenge

The holidays are right around the corner. Do you have a plan in place to stay healthy, eat sensibly, and get your workout on during the craziness? The answer is "yes", you do have a plan and that plan is Boot Camp Challenge! Buy your first Holiday gift...a wellness present for yourself!! *(No class 11/21, 11/23)*

Course No.	Date	Day	Time	Location
RE247-01	11/14-12/14	M W	6:30-7:30pm	BHE Gym

8 classes. Tuition: \$100

NEW Baby Boomer Boot Camp Challenge

Hey Boomers...yes, I am talking to you! You are expected to live another 50 years. Are your heart, lungs, muscles, and joints ready for that long-term commitment? If you just answered "why yes, I am ready" or "heck no, I am not ready," then this workout is for you! Come join us as we train your heart, your muscles, your joints, and most importantly, your mind! And, we will have fun! That is an order!

Course No.	Date	Day	Time	Location
RE146-01	9/26-11/2	M W	5:30-6:30pm	BHE Gym

12 classes. Tuition: \$145

NEW Holiday Baby Boomer Boot Camp Challenge

Hey Boomers...The holidays are right around the corner! Do you have a plan in place to stay healthy, eat sensibly, and get your workout on during the craziness? The answer is "yes," you do have a plan, and that plan is Baby Boomer Boot Camp Challenge! Buy your first Holiday gift...a wellness present for yourself!! *(No class 11/21, 11/23)*

Course No.	Date	Day	Time	Location
RE246-01	11/14-12/14	M W	5:30-6:30pm	BHE Gym

8 classes. Tuition: \$100

Classical Restorative Yoga

Yoga includes the art of self-improvement, the benefits of good health, increased muscle tone, and increased energy. Bring a mat and wear loose, comfortable clothing. (No class 9/21)

Course No.	Date	Day	Time	Location
RE310-01	9/7-11/16	W	6:00-7:15pm	HE Gym

10 classes. Tuition: \$79

Chi Gong

Chi Gong (also spelled Qigong) is an ancient Chinese health care system that integrates physical postures, breathing techniques, and focused intention. It has been shown to strengthen the immune system, reduce stress, and improve balance and posture. The slow gentle movements of most Qigong forms can be easily adapted even for the physically challenged and can be practiced by all age groups. Seniors welcome!

Course No.	Date	Day	Time	Location
RE455-01	9/13-10/18	T	5:00-6:00pm	L&C Multi B

6 classes. Tuition: \$72

Tai Chi

Reduce stress and improve your health in a fun environment. Deep breathing exercises, light stretching, and basic Yang style Tai Chi (Taiji) forms will be performed. Wear tennis shoes and loose fitting clothing. Any body type and level of physical fitness are welcome. (No class 9/22)

Course No.	Date	Day	Time	Location
RE456-01	9/8-11/3	Th	5:00-6:15pm	L&C Multi B

8 classes. Tuition: \$96

Volleyball

Experienced volleyball players wanted! This is a class for those who want fast-paced, challenging games. Enroll early! Class size is limited! (No class 9/21, 11/23)

Course No.	Date	Day	Time	Location
RE158-01	9/7-12/7	W	8:00-10:00pm	HE Gym
RE158-02	9/12-11/28	M	8:00-10:00pm	HE Gym

12 classes. Tuition: \$82

Baby Boomers Volleyball

Stay in shape and have a great time playing volleyball. Enroll early! Class size is limited! (No class 9/21, 11/23)

Course No.	Date	Day	Time	Location
RE160-01	9/7-12/7	W	6:00-8:00pm	MON Gym
RE160-02	9/12-11/28	M	7:30-9:30pm	MON Gym

12 classes. Tuition: \$82

Dance for your Health!

Dance for Fun!



Night Club Two-Step

Put a little romance in your dancing! The Nightclub Two-Step is a romantic, smooth dance performed to slow music. Learn for a first dance at your wedding or for couples dancing together to slow, romantic music. Start with basics and move into intermediate, leadable moves. Wear slick-soled shoes--athletic shoes not recommended. (No class 9/21)

Course No.	Date	Day	Time	Location
RE458-01	8/31-10/12	W	8:00-9:00pm	JMS Gym

6 classes. Tuition: \$72 per couple

Beginning Country and Western Line Dancing

It's never been easier to learn to line dance! This slower level class is for those who have never danced before. Learn to dance the current and old favorite popular line dances. No partner is necessary. Please wear slick-soled shoes. Athletic shoes not recommended.

Course No.	Date	Day	Time	Location
RE335-01	9/6-11/8	T	6:45-8:00pm	HMS Com

10 classes. Tuition: \$78

Beginning Belly Dance

Learn a uniquely feminine form of expression that celebrates life and focuses on developing flexibility. Learn to move parts of the body often ignored in day-to-day activities. All body types welcome. Wear comfortable workout attire. Women only please.

Course No.	Date	Day	Time	Location
RE451-01	9/12-10/17	M	6:00-7:00pm	MON Gym

6 classes. Tuition: \$52

Intermediate Belly Dance

Take belly dancing to the next level! For those interested in learning more complex moves. All body types welcome. Wear comfortable workout attire. Women only please.

Course No.	Date	Day	Time	Location
RE453-01	10/24-11/28	M	6:00-7:00pm	MON Gym

6 classes. Tuition: \$52

Couples Dancing

Learn an eclectic assortment of couples dances! You will be introduced to country ballroom and latin dancing. Pick your favorite! Wear slick-soled shoes. Athletic shoes are not recommended. (No class 9/21)

Course No.	Date	Day	Time	Location
RE448-01	8/31-10/12	W	6:45-7:45pm	JMS Gym
RE448-02	10/19-11/30	W	6:45-7:45pm	JMS Gym

6 classes. Tuition: \$72 per couple

West Coast Swing

Check out the hottest swing dance on the St. Louis dance scene! In learning this slow, smooth swing dance, we will start with the basics, proper technique, and add some fun-to-do leadable moves. This class is for couples. Athletic shoes not recommended. (No class 11/23)

Course No.	Date	Day	Time	Location
RE452-01	10/19-11/30	W	8:00-9:00pm	JMS Gym

6 classes. Tuition: \$72 per couple

Imperial Swing I

Have a great time learning to swing dance! This beginner course includes basic, triple-time footwork, and easy-to-learn lead and follow moves.

Course No.	Date	Day	Time	Location
RE389-01	9/26-10/31	M	6:30-8:00pm	HMS Com

6 classes. Tuition: \$72 per couple

Imperial Swing II

This advanced course goes over some of the basic steps and also some of the more advanced triple-time footwork, and some new lead and follow moves.

Course No.	Date	Day	Time	Location
RE389-02	11/7-12/12	M	6:30-8:00pm	HMS Com

6 classes. Tuition: \$72 per couple

Partners In Education



Partners in Education (PIE) is a School District program that expands the learning opportunities of K-12 students by formally linking area businesses, individuals, and community organizations to the classroom. If you are willing to share your time and expertise in a classroom, or for more information on how you can become involved, please contact the PIE office at 636-443-4043.

OASIS Intergenerational Tutoring



The OASIS Intergenerational Tutoring Program matches trained volunteers with students in grades K-3 who need help developing reading and language skills. Volunteers work one-on-one with the child during the school day. Twelve hours of training is required. Call 636-443-4043 for more information.

Parents as Teachers



As a parent, you are your child's first and most important teacher. Parents as Teachers is a voluntary family education and support program that provides practical, effective help for all families with children prenatal to age 5 at no cost to families. For more information, call the St. Charles City School District, Parents as Teachers at 636-443-4056.

Two New Locations...

We are happy to partner with the Foundry Art Centre and Art Glass Array in providing locations for many of our art classes. These are both great venues for our **aspiring** art students.

Please be sure to note the location when you register for your class.

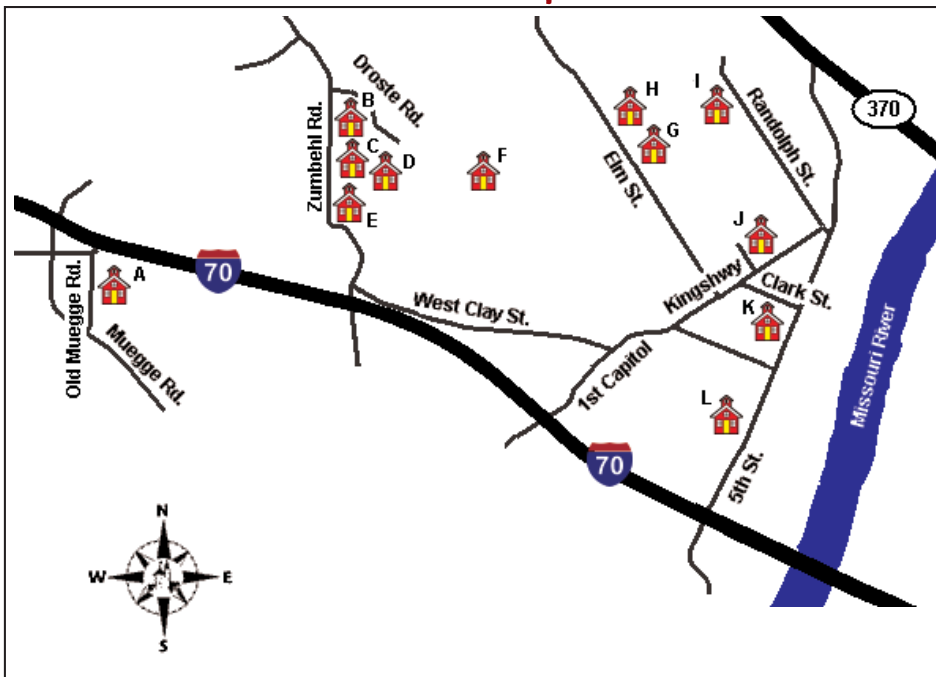


FAC- Foundry Art Centre
520 North Main Street
St. Charles, MO 63301



AGA - Art Glass Array
501 N. Kingshighway
St. Charles, MO 63301

Class Location Map



- | | | |
|----|------|---|
| A. | HE | Harris Elementary School
2800 Old Muegge Road |
| B. | SCW | St. Charles West High School
3601 Droste Road |
| C. | MON | Monroe Elementary School
2670 Zumbel Road |
| D. | JMS | Jefferson Middle School
2660 Zumbel Road |
| E. | L&C | Lewis & Clark Career Center
2400 Zumbel Road |
| F. | NULL | Null Elementary School
435 Yale Boulevard |
| G. | HMS | Hardin Middle School
1950 West Elm Street |
| H. | BHE | Blackhurst Elementary School
2000 Elm Street |
| I. | COV | Coverdell Elementary School
2475 West Randolph Street |
| J. | SCH | St. Charles High School
Kingshighway and Waverly |
| K. | BE | Benton School-District Office
400 North Sixth Street |
| L. | LIN | Lincoln Elementary School
625 South Sixth Street |

Disclaimer

The School District of the City of St. Charles disclaims any responsibility of liability for any injuries, damage to, or loss of property or any other damages or losses sustained by participants in the City of St. Charles School District, Adult and Community Education Program which arise out of, or in any way is associated with, the activities of this program.

Registration Information

Who can take a class?

You do not have to be a resident of St. Charles to register for a class. With the exception of youth classes, students under 16 may enroll in Adult classes only if accompanied by a registered adult.

How can I pay?

Payment can be made by check, payable to the St. Charles City School District, or by credit card. We accept MasterCard, Visa, or Discover. No cash payments are accepted.

What is the Refund Policy?

Adult and Community Education reserves the right to cancel a class if sufficient enrollment is not achieved. Registrants will be notified by phone or e-mail if a class is cancelled. Please be sure to advise the office of any changes in your contact information. Full refunds will be issued for classes cancelled by the school. If you drop a class one business day before classes begin or earlier, you will receive a full refund minus a \$10.00 cancellation fee. No refunds will be given if the class is dropped on the starting date or after the class has begun.

Is a Senior Discount offered?

If you are 60 years of age or older, you can receive a 10% discount on the tuition price of all classes. (No discount on textbooks.)

When should I register?

NOW! As soon as you can! Many classes fill quickly, and others may be cancelled due to low enrollment. Help ensure that the class you want to take has enough students by registering at least 10 days ahead of the start date.

Are disability services available?

Students with disabilities who need accomodation are encouraged to call 636-443-4043 before registering.



Over the Phone

During normal business hours.
Call (636) 443-4043 (Visa, M/C, Discover)

On the Web

24 hours a day, 7 days a week.
www.stcharlesae.org (Visa, M/C, Discover)

By Mail

Send registration form & payment to:
Adult & Community Education
2400 Zumbahl Rd., St. Charles, MO 63301

By Fax

24 hours a day, 7 days a week.
Fax registration form to:
(636) 443-4044 (Visa, M/C, Discover)

Walk In

Register in person at the Adult Ed Office.
Mon.-Thur. 9:00 am - 7:00 pm
Friday 9:00 am - 4:00 pm

CLASS ENROLLMENT FORM

Today's Date: _____ New Student _____ Returning Student _____ Senior Citizen (60+) _____
 Name: _____ Date of Birth: _____
 Address: _____ City/State: _____ Zip: _____
 Day Phone: (____) _____ Evening Phone: (____) _____
 Email Address: _____

Class & Section No. (Such as OE440-01)	Start Date	Class Title	Tuition	Senior Discount	Book Fee	Total
Total Payment Enclosed:						

Method of Payment: _____ Charge _____ Money Order _____ Check (payable to: St. Charles City School District)

Type of Card: _____ Visa _____ MasterCard _____ Discover

Credit Card Number: _____ Exp. Date: _____

Card Holders Name: _____

Mail to:
Adult and Community Education
2400 Zumbahl Rd.
St. Charles, MO 63301

Senior Café

Adult & Community Education has created a block of classes designed to meet the needs of our Senior students. Classes are scheduled at various times of the day and evening to suit your lifestyle. These classes are interesting, fun, and informative--providing a great experience for the Senior student. Please join us, make some new friends, and make learning a lifelong endeavor!



Make fitness a part of your everyday lifestyle!

Create your own learning experience!



Chase your passion!



Sharpen your skills!

See page 9 for more details and course descriptions.

Adult and Community Education

2400 Zumbuhl Road, St. Charles, MO 63301 636-443-4043 www.StCharlesAE.org